



Thurso High School dress code is based on a black and white theme, with the exception of the school rugby shirt which is black, white and red, and the school tie which is black and red.

Clothing that is acceptable is:

- a plain black or white T shirt, long sleeved top, polo top or shirt;
- a black sweatshirt, hoody, zipped sweatshirt, black jersey or cardigan (with shirt) or black school (or other) fleece;
- school rugby shirt;
- black trousers, black jeans, black skirts, plain black trackies, plain black leggings.

**Pupils must wear one item of clothing - either the sweatshirt or T-shirt - with the school logo or wear a school tie or the school rugby shirt.**

The following are NOT permitted:

- any colours other than black and white (except for the official school rugby top and school tie);
- any form of clothing inappropriate for school, for example revealing garments;
- items with large brand names or inappropriate lettering;
- any striped or branded tracksuit trousers or leggings (other than a very small logo at the top of the leg); these must be plain black;
- leggings with mesh panels;
- patterned or striped tops, even if these are black and white;
- football scarves;
- black jeans that are so faded as to appear grey or ripped knee jeans;
- any sweatshirts/hoodies that are not plain black worn as a jacket over other dress code – see below.

Outdoor jackets may be of any colour; however coloured hoodies are not deemed outdoor jackets and should **not be worn at all in or to school**, even if they are removed in classes.

Shoes may be of any colour or type as long as they are appropriate for moving easily about school.

Note that any T shirt worn beneath a sweatshirt **MUST** be a school T shirt or plain black or white, even if the sweatshirt is not removed.

### **PE Dress Code**

Pupils must bring a change of clothes - tops and trousers, for PE.

Any colour or pattern of trackies or T shirts for PE are allowed as long as they are school appropriate, for example a vest top or crop top would not be deemed suitable. Football tops are allowed as long as they do not have gambling or alcohol advertising on them.

Footwear does not have to be changed as long as it is appropriate for doing sport ie trainers. Any form of boots or heavier footwear **cannot be worn for PE and would have to be changed.**

Pupils should therefore bring the following on days that they have PE:

- a change of top from their school dress code such as a t-shirt, long sleeve top or sweatshirt as long as there are no alcohol, gambling or unsuitable logos and/or text, and the style is suitable for PE participation – this top does not have to be a dress code top as long as it is **appropriate for school** as described above.
- a change of bottoms from their school dress code such as shorts, tracksuit trousers, leggings, 3/4 length sports leggings, etc; these can be any colour or pattern.
- a change of footwear if what they are wearing to school is not suitable or safe for playing sport.

### **School procedures around Dress Code**

As with all other School and Classroom procedures, Dress code must be followed by all pupils and the school and Guidance staff will support pupils and families with this wherever possible.

If a pupil is not wearing the correct dress code they will be asked to change their unsuitable garment (sweatshirt, T shirt, trackies or leggings) for a school one. These are available in all sizes and are clean and washed after every use.

Where possible parents or carers will be informed that this has been necessary and to discuss the support the school can offer.

The school can provide Dress Code items that are new or pre-used to anyone that requests them. We also have our Dress Code Swap at Parents' Evenings and other key times but you can email your child's Guidance teacher at any time to ask for these items.

Repeated dress code incidents may result in asking parents/carers in for a meeting to discuss the best way forward.

Jackets must be removed in class. Pupils have been asked to ensure that warm enough clothing is worn so that they will not be cold in class without a jacket. Pupils can wear a long sleeve T shirt under their hoody for example. Should a pupil complain of being cold we can give them an extra school hoodie which they can borrow and return to Reception at 3.35pm. They could also move to a seat further away from the windows if this would help.

Hoods must be down while in school and hats **MUST** also be removed while in school.

If you have any difficulties whatsoever with meeting the school's dress code requirements please remember to just get in touch through your child's Guidance teacher and we will be able to help.